

DR. KENNEDY HOMES

108 SW 11TH AVENUE | FT. LAUDERDALE, FL 33312

Spring Break Tips for Parents:

- You don't have to go to Disney World to have fun. Just because some families travel to Central Florida to experience Disney World and enjoy the theme parks doesn't mean you have to. With rising travel costs, this can add undue stress and be a financial burden to your family. Check out some of the local staycation deals in your area and take advantage of fun day trips.
- Do something educational. Go to the local museum or zoo. Visit the library and find a new book that interests your child. Build a new jigsaw puzzle your family hasn't done before.
- Take time for yourself. Have a special "Dad's Night" with the kids, while mom has a night out with the girls. Or have a fun "Family Day" The goal is to take time to re-energize yourself.



Congratulations to our January/February Winners!!
 "It Pays to PAY" Rent Early: Pay rent early in March/April between the 1st - 3rd and you could WIN a gift Card for Groceries or Gas.
We appreciate all our Residents!



Daylight Savings Time starts on Sunday, March 8, 2020.

| | | |
|--------------------------------------|--------------------------------------|---------------------------------|
| Fruits Avocado Honeydew | Flower Jonquil Daffodil | Birthstone Aquamarine |
|--------------------------------------|--------------------------------------|---------------------------------|

MARCH 2020

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|----------------|-----|--------------------------------------|-----|---|---------------------------|-----|
| 1 Rent Due | 2 | 3 Pest Control Bldg-1 | 4 | 5 To avoid late fees Pay by this date | 6 Rent is now Late | 7 |
| 8 | 9 | 10 Pest Control Bldg 2 & 3 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 Pest Control Bldg. 4 & 5 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 Pest Control Bldg. 6,7, & 8 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

Staff Directory

C. Moore Fields
Community Manager

Shacoria Allen
Community Manager

Mike Murray
Maintenance Tech

Calvin Philyau
Maintenance Aide

Donnie Ward
Coffee Manager

Office contact
Tel: 954-617-9700
Fax: 954-617-9701

Maintenance Emergency
954-594-3777

Trident Security
954-870-7706

Police
954-764-4367

904 - Bldg. 1
945 - Bldg. 2
1012 - Bldg. 3
4 - Bldg. 4
115 - Bldg. 5
1001 - Bldg. 6
1009 - Bldg. 7
1021 - Bldg. 8



NEWSLETTER MARCH 2020

SERVICING THE NORTHWEST GARDENS I, II, III, IV & V | DIXIE COURT | DR. KENNEDY HOMES | SAILBOAT BEND COMMUNITIES!

Northwest Gardens Community ... a sustainable community!

northwestgardens.net

#NWGARDENSLOVE | CONNECT: [f/NORTHWESTGARDENSCOMMUNITY](#) [i/NWGCOMMUNITY](#) [t/@NWGCOMMUNITY](#)

LET'S GROW OUR GARDEN!!!



NWG 2/4 7:30 am -8:30 am all days. Herb and Children's Garden.
 NWG III 8:30 am- NOON W, F and Sat this location has 3 large working garden.
 NWG I 10 am- NOON T, TH Fruit trees and vegetable garden.

**OUR GARDENER WORKS 5 DAYS A WEEK TUESDAY-SATURDAY. JOIN US AS EARLY AS 7:30 AM.
 CONTACT: LISA JOHNSON 954-818-6005**

"The greatness of a community is most accurately measured by the compassionate actions of its members." - Coretta Scott King



NORTHWEST GARDENS I

645 NW 10TH AVENUE, FORT LAUDERDALE FL, 33311



Hope you find your pot of gold at the end of the rainbow!

Money Orders

Please make sure you put your address, your apartment number and sign your money order or your personal check so we know who to credit for the rental payment. We will provide a receipt for all rental payments received.

Be sure to join us for our Spring Cleaning Event on March 18 as we will have a special guest that will be an asset to our community.



Did you Know?

That our community is a "NON-Smoking Community"? That means that you cannot smoke in your apartment, in the court yards, in the hallways. Smoking is bad for your health and bad for other people who do not smoke. Second hand smoke is just as bad as smoking a cigarette and also causes health problems.

Tip:

If you do want to quit please join our Smoking Cessation on Fridays 11:30 AM to 12:00 PM in the Allan Club House.

Important Phone Numbers

Main Office: 954-652-0188
 Office Fax: 954-618-6223
 After Hours Maintenance Emergency: 954-594-3336
 NTHDC: 800-982-5232
 Trident Ground Protection: 954-870-7706
 Police Department Non-Life Threatening: 954-764-4357

Meet The Team!

Karen Turner, HCCP | Community Manager
 Cynthia Horat, HCCP | Assistant Community Manager
 Penka Praskova | Maintenance Supervisor
 Alvina Wriley | Maintenance Technician
 George Handberry | Maintenance Aide
 Ted Poole | Staff Porter
 Lisa Johnson | Gardener

MARCH 2020

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|-----|---|-----|---|---|---|-----|
| 1 | 2 Exercise Class 10:00 -11:00 AM | 3 | 4 Exercise Class 10:00 -11:00 AM | 5 Pest Control Bldgs.: 615 | 6 Exercise Class 10- 11am Smoking Cessation 11:30 -12:00 | 7 |
| 8 | 9 Exercise Class 10:00 -11:00 AM | 10 | 11 Exercise Class 10:00 -11:00 AM | 12 Pest Control Bldgs.: 711, 721, 735, 740 & 645 | 13 Exercise Class 10- 11am Smoking Cessation 11:30 -12:00 | 14 |
| 15 | 16 Exercise Class 10:00 -11:00 AM | 17 | 18 Exercise Class 10:00 -11:00 AM Spring Cleaning Event Club House 12:30 | 19 Pest Control Bldgs.: 712 | 20 Exercise Class 10- 11am Smoking Cessation 11:30 -12:00 | 21 |
| 22 | 23 Exercise Class 10:00 -11:00 AM | 24 | 25 Exercise Class 10:00 -11:00 AM | 26 Pest Control Bldgs.: 650 & 660 | 27 Exercise Class 10- 11am Smoking Cessation 11:30 -12:00 | 28 |
| 29 | 30 | 31 | | | | |

NORTHWEST GARDENS II/IV

1204 NW 8TH STREET | FT. LAUDERDALE, FL 33311

Northwest Gardens II/IV | 1204 NW 8th Street, Fort Lauderdale FL, 33311
 Main Office: 754-200-8714
 Office Fax: 754-206-3793
 After Hours Maintenance Emergency: 954-802-5398
 Trident Ground Protection: 954-870-7706
 Non-Life Threatening Emergency: 954-764-4357

Meet The Team!

Alexis Garel | Manager
 Adriene Davis | Assistant Manager
 Erica Williams | Assistant Manager
 Jose Maisonet | Maintenance Supervisor
 Sedrick McBride | Maintenance Technician
 Robert Osgood | Maintenance Aide
 Bryan Jackson | Maintenance Aide
 Nikita Martin | Housekeeping

Senior Corner:

Attention Seniors! Please note that every M-F from 2-3 pm is Bingo in the 1204 bldg. Swing by and meet your neighbors!



MARCH 2020

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|-------------------------------|----------------------------|-------------------------|--|-----------------------------------|----------------|-----|
| 1 | 2 Literacy Training | 3 | 4 Pest Control 1220,1210, 1205,1230 | 5 | 6 Rent Late | 7 |
| 8 Daylight Savings Time | 9 Literacy Training | 10 | 11 Pest Control 713, 695, 720, 710 | 12 Popcorn Lovers Day | 13 | 14 |
| 15 | 16 Literacy Training | 17 St. Patrick's Day | 18 Pest Control 1221, 1237, 1225 | 19 Resident Meeting 4 pm | 20 | 21 |
| 22 | 23 Literacy Training | 24 | 25 Pest Control 1334, 575, 1435 Waffle Day | 26 | 27 | 28 |
| 29 | 30 Literacy Training | 31 | | | | |



SAILBOAT BEND APARTMENTS

425 SW 4TH AVE | FT. LAUDERDALE, FL 33315

March in History

March 3 The bill establishing the Star-Spangled Banner as our national anthem is adopted by the US Senate and signed by President Herbert Hoover. (1931)

March 9-Charles Graham receives the first patent for artificial teeth. (1882)

March 13-Uncle Sam, created by cartoonist Thomas Nast, makes his first appearance. (1862)

March 30-The first pencil with the eraser on top is patented by Hyman Lipman. (1858)

Inspirational Quote

You never really understand a person until you consider things from his point of view.

Happy Birthday!

| | |
|---------------------|-------|
| Maria Diaz Miralles | 03/09 |
| Ronald Richards | 03/10 |
| Josefina Cabrera | 03/20 |
| Harold Robinson | 03/21 |
| Jay Greene | 03/22 |
| Milagros Rodriguez | 03/28 |

DUMP AND GO MEATBALL LASAGNA

INGREDIENTS

8 oz. uncooked campanelle pasta (2 3/4 cups)
 24 frozen cooked Italian-style meatballs (from 22-oz bag)
 1 jar (25.5 oz.) Muir Glen™ organic tomato basil pasta sauce
 1 1/2 cups water
 1/2 teaspoon Italian seasoning
 1 1/2 cups shredded mozzarella cheese (6 oz.)
 Chopped fresh basil leaves, if desired

DIRECTIONS

1. Heat oven to 375°F. Spray 13x9-inch glass baking dish with cooking spray.
 2. In large bowl, mix pasta, frozen meatballs, pasta sauce, water and Italian seasoning. Pour mixture into dish. Cover tightly with foil. Bake 40 minutes. Remove dish from oven; stir mixture thoroughly. Sprinkle with cheese.
 3. Bake uncovered 5 to 8 minutes longer or until pasta is tender and cheese is melted. Garnish with basil leaves before serving.

MARCH 2020

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|-----|--------------------------|--|--------------------------|--------------------------|--------------------------|-----|
| 1 | 2 Coffee 8am-12pm | 3 Coffee 8am-12pm Urban League Walk- ing Club 9:30 a.m. – 11:30 a.m. | 4 Coffee 8am-12pm | 5 Coffee 8am-12pm | 6 Coffee 8am-12pm | 7 |
| 8 | 9 Coffee 8am-12pm | 10 Coffee 8am-12pm Urban League Walk- ing Club 9:30 a.m. – 11:30 a.m. | 11 Coffee 8am-12pm | 12 Coffee 8am-12pm | 13 Coffee 8am-12pm | 14 |
| 15 | 16 Coffee 8am-12pm | 17 Coffee 8am-12pm Urban League Walk- ing Club 9:30 a.m. – 11:30 a.m. | 18 Coffee 8am-12pm | 19 Coffee 8am-12pm | 20 Coffee 8am-12pm | 21 |
| 22 | 23 Coffee 8am-12pm | 24 Coffee 8am-12pm Urban League Walk- ing Club 9:30 a.m. – 11:30 a.m. | 25 Coffee 8am-12pm | 26 Coffee 8am-12pm | 27 Coffee 8am-12pm | 28 |
| 29 | 30 Coffee 8am-12pm | 31 Coffee 8am-12pm Urban League Walk- ing Club 9:30 a.m. – 11:30 a.m. | | | | |

Sailboat Bend
 425 SW 4th Avenue,
 Fort Lauderdale, FL 33315

Phone: 954-553-8272
 Fax: 954-990-7266

Tanay Johnson | Regional Manager
 Rene Ricardo | Maintenance Supervisor
 Tomas Morales | Maintenance Technician
 Carol Burrell | Porter Aid

Coffee
 Monday through Friday 9:00 a.m. – Noon
 Urban League Walking Club
 Tuesday 9:30 a.m. – 11:30 a.m.
 Extermination Service is the 1st and 3rd
 Monday of each month

Do you have an interesting story to tell which we can include in the next newsletter? Give us a call 954-870-7640
 leasing@northwest-gardens.com | Northwest Gardens I, II, III, IV, V | Dixie Court | Dr. Kennedy Homes | Sailboat Bend Apartments

NORTHWEST GARDENS V

100 SW 18TH AVE | FORT LAUDERDALE, FL. 33312

WELCOME NEW RESIDENTS!

We want to take this opportunity to welcome all our new residents. We're glad you've chosen to make our community your home!

For our seasoned residents, if you see an unfamiliar face next door, don't be shy. Say, "Hi!"



This is a friendly reminder that all regular household trash needs to be placed into a trash bag, tied closed, and disposed of directly into the trash chute or dumpsters located throughout the site. Our goal is to ensure Northwest Gardens V Apartments is a clean and safe environment for everyone.

If you have any questions or concerns about policies of Northwest Gardens V, please refer to your Lease Contract or contact the management staff in the Northwest Gardens V office.



Diandra Brice, HCCP Community Manager
 Ellen Dandrow, Asst. Community Manager
 Rene Ricardo, Maintenance Supervisor
 Tremaine Brantley, Maintenance Aide
 Dannie Eluett Maintenance Aide
 Jim Pecora, Maintenance Aide
 Trident Ground Security: 954-870-7706
 6:00 PM – 2:00 AM

NEW EMERGENCY NUMBER

After hours emergency 954-914-1211

Monday-Friday 954-763-2892
 100 SW 18th Ave | Ft. Lauderdale, FL. 33312
 Fax: 954-763-2162

MARCH 2020

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|-----|-----|---|--|---------------------------------|--|-----|
| 1 | 2 | 3 Literacy Program / Community Room @ 11:30pm | 4 Pest Control Bldg. 725 & 735 Cardio Dance 12:45pm | 5 Computer Lab @ 11:30am | 6 Matter of Balance / Community Room @ 11:30am | 7 |
| 8 | 9 | 10 Literacy Program / Community Room @ 11:30pm | 11 Pest Control Bldg. 700 & 1212 Cardio Dance 12:45pm | 12 Computer Lab @ 11:30am | 13 Matter of Balance / Community Room @ 11:30am | 14 |
| 15 | 16 | 17 Literacy Program / Community Room @ 11:30pm | 18 Pest Control Bldg. 1325 & 1330 Cardio Dance 12:45pm | 19 Computer Lab @ 11:30am | 20 Matter of Balance / Community Room @ 11:30am | 21 |
| 22 | 23 | 24 Literacy Program / Community Room @ 11:30pm | 25 Cardio Dance 12:45pm | 26 Computer Lab @ 11:30am | 27 Matter of Balance / Community Room @ 11:30am | 28 |
| 29 | 30 | 31 | | | | |

DIXIE COURT APARTMENTS

306 WEST COURT | FT. LAUDERDALE, FL 33311

Dixie Team

Mala Doopan as the Community Manager | Nathaniel Striggles | Maintenance Supervisor | Joe Watson | Maintenance Aide
 Geeta Durgapersad | Assistant Manager
 Brianna Owens | Assistant Manager | Calvin Johnson | Maintenance Technician | Marie Tilme | Housekeeper

As the season of Spring is upon us, and the air is fresh, let's make this a new beginning and venture forward in bettering ourselves. Tips and tricks are given on a daily basis by someone we may know, but do we take them into consideration. So Let's see – here are some spring cleaning tips!

Spring Cleaning Tips:

- Wipe/ Wash Baseboards, door ceilings, window sills, doors, and walls.
- Vacuum and wash vents.
- Wash window treatments (drapes, verticals, etc.).
- Wash Windows - inside and out.
- Dust and shine overhead lights - replace burnt light bulbs.
- Dust and/or vacuum light fixtures and lamp shades.
- Try rearranging the room as you clean gives it a new look
- Wipe cabinets and drawers inside and out
- Sweep and mop frequently
- Use your favorite disinfectant together with your favorite air freshener to get that fresh clean sent.

Have a Wonderful Spring Season!

Joins us every Tuesday for our Literacy workshop – Sign Language – Office Community Room is one of the Topics.



Contact Information

Office 954-318-1900
 Fax 954-652-2201
 Emergency Contact 954-868-9461

MARCH 2020

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|------------------|-----|-----------------------------------|--------------------------------|--------|------------------------|-----|
| 1 Rent Is Due | 2 | 3 Pest Control Bldg. 319 | 4 | 5 | 6 Rent Is Now Late! | 7 |
| 8 | 9 | 10 Pest Control Bldg. 221 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 Pest Control Bldg. 939 East | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 Pest Control Bldg. 939 West | 25 International Waffle Day | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

Fruits
Grapefruit, Guava, Asparagus

Flower
Daffodil

Birthstone
Aquamarine

Do you have an interesting story to tell which we can include in the next newsletter? Give us a call 954-870-7640
 leasing@northwest-gardens.com | Northwest Gardens I, II, III, IV, V | Dixie Court | Dr. Kennedy Homes | Sailboat Bend Apartments

NORTHWEST GARDENS III

824 NW 14TH AVE | FORT LAUDERDALE, FL 33311



Patrick's Day is an annual feast day celebrating the patron saint the day is named after. It is a national holiday of Ireland and is usually celebrated on March 17. ... Patrick, a Roman-Britain-born Christian missionary, was born in the late fourth century and is credited with bringing Christianity to the Irish people.



Upcoming Resident Events

Please join us monthly, as we host various seminars to help you with healthy eating, making and saving money, purchasing a home, and much more. Any resident that attends at least 5 events (Back to School & Christmas excluded) for the year will be entered into an end of year drawing for a cool grand prize ?? gift card\$\$\$\$

We will also be hosting movie days/nights w/ popcorn and snacks, cooking demonstrations, and a Thanksgiving Cook Off in November.

Jontreial Smith, MSIRE, HCCP | Community Manager
 Carien Weeks | Assistant Community Manager

Geno Davis | Maintenance Supervisor
 Winston Wright | Maintenance Aide
 Ted Poole | Porter

MARCH 2020

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|------------------|-----|------------------------------------|------------------------------|------|--|-----|
| 1 Rent is Due | 2 | 3 Pest Control 13th Terr | 4 | 5 | 6 Rent is late | 7 |
| 8 | 9 | 10 Pest Control 820-821 | 11 | 12 | 13 Money Matters Financial Jeopardy 4-5pm | 14 |
| 15 | 16 | 17 Pest Control 14th Way & 1305 | 18 Resident Meeting 6-7pm | 19 | 20 | 21 |
| 22 | 23 | 24 Pest Control 14th Terr | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

Northwest Gardens III O:(954) 634-3800 F: (954) 900-5973|After Hours Maintenance Emergency: 786-563-3499
 Trident Ground Protection: 954-870-7706| Police Department Non-Life Threatening: 954-764-4357